



## **THANK YOU BODY WALK VOLUNTEERS**

The Smart Bodies Program has been provided to Jefferson Parish Public Schools for the past five years. The program was offered to several parochial and private schools for the first time this year. We were happy to be selected as one of only two parochial schools to receive the Smart Bodies Program.

The Smart Bodies Program is a comprehensive health program to build strong bodies and active minds. The program was provided to VOL through a grant sponsored by the LSU AgCenter and Blue Cross and Blue Shield of Louisiana.

Smart Bodies consist of three components: Wisercise, The Organ Wise Guys, and Louisiana Body Walk Exhibit.

The Body Walk Exhibit a 35 -foot by 45 - foot walk through exhibit representing the human body was set up in the gym on Wednesday afternoon, Jan. 18. The Kindergarten - 5th grade students, approximately 650 students, toured the exhibit on Thurs., Jan. 19.

The exhibit was a huge success. We could not have provided this to our students had it not been for the parent volunteers who unselfishly gave of their time and energy. Parents of former students came to lend a hand, as well.

A BIG THANK YOU to the following parents who volunteered to help with the exhibit.

## **SET UP AND/OR TAKE DOWN VOLUNTEERS**

David A., Ricky B., Jimmy B., Ed L., Penny L., Gary P., Mr. Son, Raymond S, Corey T., Troy T., and Jason W.

The exhibit generally takes approximately two hours to set up. However, our volunteers did it in a RECORD BREAKING of 45 minutes!

## **STATION PRESENTER VOLUNTEERS**

Randi A., Rachel B., Jason B., Paige B., Alex D., Michele D., Toni F., Laura L., Cristi M., Cheryl M., Jo Ann P., Danielle R., Christina R., Cathy S., Tammy S., Beth T., and Lorie W.

The station presenters brought their unique gifts and talents to their assigned stations while informing the students of human nutrition, physiology, and the importance of healthy lifestyle behaviors.

Many of these volunteers also helped in taking down the exhibit.

**“YOU NAME IT, WE’LL DO IT VOLUNTEERS”**

Shannon B., Maureen D., Lori D., Julie L., Penny L., Peggy M., Lisa O., and Kristi L. The volunteers did a wide variety of activities. They set up and monitored the snack/lunch area, took pictures, chaperoned students through the exhibit, and helped take down the exhibit.

**THANK YOU TO ALL OUR VOLUNTEERS  
YOU ARE AWESOME!**